



Boys & Girls Club  
of Fredericton

# Fall Programs 2011

499 Canterbury Street 454-9237 [www.fbgc.ca](http://www.fbgc.ca)  
Program Manager Amanda Audette [pdoffice@fbgc.ca](mailto:pdoffice@fbgc.ca)

**Girls' Night:** This program is purposeful, fun and designed primarily with the children/youth and their interests. Previously offered: relaxation nights, theme nights with games, crafts, songs and activities, special guests presenting on topics such as self esteem and assertiveness, healthy eating and snacks, gym games and sports, etc. FREE , limited spaces. Must be registered.

Girls' Night Ages 5-7 Wednesday night from 6:00-7:00pm	Oct 19, Nov 2, 16, 30
Girls' Night Ages 8-12 Wednesday night from 6:30-7:30pm	Oct 19, Nov 2, 16, 30
Girls' Night Ages 13-15 Friday night from 6:30-7:30pm	Oct 21, Nov 4, 18 and Dec 2

**Boys Night:** Similar to Girls Night but for boys! This program is purposeful, fun and designed primarily with the children/youth and their interests. Previously offered: Sports and gym games. Looking to offer guests and theme nights as well. FREE, limited spaces. Must be registered.

Boys' Night Ages 5-7 Wednesday night from 6:00-7:00pm	Oct 26, Nov 9, Nov 23, Dec 7
Boys' Night Ages 8-12 Wednesday night from 6:30-7:30pm	Oct 26, Nov 9, Nov 23, Dec 7
Boys' Night Ages 13-15 Friday night from 6:30-7:30pm	Oct 28, (No session Nov 11), Nov 25, Dec 9

**Get Moving:** This whole program is about getting young people to move more and have fun in a creative way that is non-competitive and that any skill level may participate. This program will incorporate the interests of the children/youth. FREE, limited spaces. Must be registered.

<b>Get Moving Ages 5-7</b> Sundays from 2:00 – 3:00pm	Oct 22, Nov 5, Nov 19, Dec 3
<b>Get Moving Ages 8-12</b> Sundays from 3:00 – 4:00pm	Oct 22, Nov 5, Nov 19, Dec 3
<b>Get Moving Ages 13+</b> Sundays from 4:00 – 5:00pm	Oct 22, Nov 5, Nov 19, Dec 3

**Torch Club Ages 10-13 / Keystone Club Ages 14+:** These are Leadership and Empowerment programs where the youth assume the leadership role while the involved adults support and assist. Each group will complete an activity in each of the following core areas: Leadership, Teamwork, Healthy choices, Service to the Club and Community and Learning for Life. FREE, limited spaces. Must be registered.

<b>Torch Ages 10-13</b> Monday nights from 6:00-7:00.	Oct 24, Nov 7, 21 and Dec 5
<b>Keystone ages 14+</b> Monday nights 6:00-7:00pm.	Oct 24, Nov 7, 21 and Dec 5

---

**Frontier College Drop In Homework For children and youth from Kindergarten – Grade 12**  
Wednesdays from 6:30-8:00pm. This program is free. Must be registered.

**Shutokai Judo Kids/ Juvenile/Adults-** Ages 6-11 Thursdays from 6:15-7:30pm and Ages 12+ Tuesdays 7:00- 8:30pm and Thursdays from 7:30-9:00pm For more information please come to one of the sessions.

**\*\*\*Please inquire about our licensed pre-school and after-school programs.**



Boys & Girls Club  
of Fredericton

## Fall Programs 2011

248 Medley Street 472-4528 [www.fbgc.ca](http://www.fbgc.ca)

Program Manager Christine Currie [devonbgc@nb.aibn.com](mailto:devonbgc@nb.aibn.com)

---

**Girls' Night:** This program is purposeful, fun and designed primarily with the children/youth and their interests. Previously offered: relaxation nights, theme nights with games, crafts, songs and activities, special guests presenting on topics such as self esteem and assertiveness, healthy eating and snacks, gym games and sports, etc. FREE, limited spaces. Must be registered.

Ages 8-12 Tuesday nights 6:00-7:00 pm

Oct 25, Nov 8, Nov 22 & Dec 6

---

**Boys Night:** Similar to Girls Night but for boys! This program is purposeful, fun and designed primarily with the children/youth and their interests. Previously offered: Sports and gym games. Looking to offer guests and theme nights as well. FREE, limited spaces. Must be registered.

Ages 8-12 Tuesday nights 6:00-7:00 pm

Oct 18, Nov 1, Nov 15, Nov 29

---

**Get Moving:** This whole program is about getting young people to move more and have fun in a creative way that is non-competitive and that any skill level may participate. This program will incorporate the interests of the children/youth. FREE, limited spaces. Must be registered.

Ages 5-7 Thursday night 6:00-7:00

Oct 20, Nov 3, Nov 17 & Dec 1

Ages 8-12 Thursday night 7:00-8:00

Oct 20, Nov 3, Nov 17 & Dec 1

---

**Torch Club Ages 10-13 / Keystone Club Ages 14+:** These are Leadership and Empowerment programs where the youth assume the leadership role while the involved adults support and assist. Each group will complete an activity in each of the following core areas: Leadership, Teamwork, Healthy choices, Service to the Club and Community and Learning for Life. FREE, limited spaces. Must be registered.

**Torch Club Ages 10-13** Thursday nights from 6:00-7:00 Oct 27, Nov 10, Nov 24, Dec 8 With sessions in new year also

**Keystone Club Ages 14+** Wednesday Nights from 6:00-7:00 Oct 26, Nov 9, Nov 23, Dec 7 With sessions in new year also

\*\*\*Please inquire about our licensed pre-school and after-school programs.

---

248 Medley Street 472-4528 [www.fbgc.ca](http://www.fbgc.ca)

Program Manager Christine Currie [devonbgc@nb.aibn.com](mailto:devonbgc@nb.aibn.com)



Boys & Girls Club  
of Fredericton

## Recreation Program Opportunity 2011

1388 Route 620 Royal Road Estey's Bridge 453-1388 [www.fbgc.ca](http://www.fbgc.ca)  
Program Manager Christine Currie [devonbgc@nb.aibn.com](mailto:devonbgc@nb.aibn.com)

**Get Moving:** This program is about getting young people to move more and have fun in a creative way that is non-competitive and that any skill level may participate. This program will incorporate the interests of the children/youth. FREE, limited spaces. Must be registered.

**Get Moving Ages 5-7** Thursday 6:00-7:00 pm

**Get Moving Ages 8-12** Thursday 7:00-8:00 pm

Thursday Oct 20, Nov 3, Nov 17 & Dec 1

---

1388 Route 620 Royal Road Estey's Bridge 453-1388 [www.fbgc.ca](http://www.fbgc.ca)  
Program Manager Christine Currie [devonbgc@nb.aibn.com](mailto:devonbgc@nb.aibn.com)

